what is dry eye?

A very common complaint to eye care doctors

In the United States, dry eye has been estimated to affect

7.8% of women

4.34% of men

-aged 50 and older

A condition that interrupts activities of daily living, such as:

Reading

Watching TV

Working

Driving

what causes dry eye?

One important factor contributing to the development of dry eye is ocular surface inflammation which can eventually lead to damage on the surface of the eye.

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what does dry eye feel like?

Symptoms most commonly appear as eye dryness and overall eye discomfort, and may also include:

- Stinging
- Burning
- A gritty feeling
- Episodes of blurred vision

what are the possible risk factors for dry eye?

- Aging
- Certain drugs/medications
- Low sex hormones, such as in menopause
- Allergies
- Certain diseases, such as Sjogren's syndrome
- Psychotropic drugs and alcohol
- Environmental factors (low humidity, wind, sunlight)
- Diet
- Reduced blink rate caused by computer use
- Office environments
- Laser surgery, such as PRK or LASIK
- Contact lenses

Visit your eye care professional for more information on dry eye